



**Meals in Minutes:
Instant Pot & other Electric Pressure Cookers**

Date: Thursday, May 31

Time: 11:30-1 PM

Location: Missoula County Extension Office

Register by contacting: **Missoula County Ext. Office**
Kelly Moore/258-4206

Electric Pressure cookers are hailed at making your dinner plans super easy. Come learn how to use your pressure cooker to its potential. Make dinners in a snap that will save your family money and increase the nutritional value of your meals. Participants will have hands-on experience by the end of the class making Messy Lasagna, Buffalo Chicken Wraps and Parmesan Risotto- all made in a pressure cooker!

Taught by Katelyn Andersen, MSU Extension Agent for Ravalli County in partnership with Kelly Moore, MSU Extension Agent for Missoula County.